



# Be Well

ORANGE COUNTY

**Result Area 2: School Aged Children Workgroup Meeting**  
**Wednesday, June 24 , 2020**



INTRODUCTIONS

CHECK IN

REVIEW OF FOCUS ACTIVITIES

BH TRAINING COLLABORATIVE PRESENTATION

WELLNESS CENTERS RESOURCES BREAKOUT


SCREENING BARRIERS BREAKOUT

MIND OC UPDATES & NEXT STEPS

# AGENDA



# INTRODUCTIONS

1. Name
  2. Organization
  3. AKA (Quarantine name) = Last thing eaten yesterday/High School team name (singular)
  4. Indicate “1”, “2”, or “3” In Front of Your Name to indicate your breakout preference:
    - Breakout #1: Wellness Centers Resources (1.1)
    - Breakout #2: Training topics and target populations (1.3 & 3.1)
    - Breakout #3: Barriers to screening survey (2.1)
- 



**RED** = Imminent Overload. Barely able to juggle professional and personal responsibilities.



**ORANGE** = Very busy juggling many responsibilities. Have had to make difficult decisions on what to prioritize.



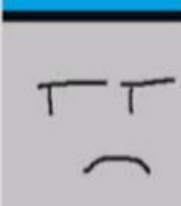
**YELLOW** = Busy. Lots of things to do but managing okay. Have some ability to look beyond what is needed today.



**GREEN** = As good a balance as possible these days. Feeling positive and productive. Have room to do strategic thinking and plan for future.



**BLUE** = Feeling unproductive but not sure best way to help.



**GRAY** = Difficulty feeling motivated, feeling pessimistic about future.

**RA #2**  
**CHECK IN:**  
**HOW ARE**  
**YOU**  
**DOING?**

PLEASE MAKE YOUR SELECTION

# FOLLOW ITEMS

## **Behavioral Health Training Collaborative**

1. [Eventbrite link](#)
2. [Training Request Form](#)
3. [BHTC Training List Handout](#)

## **Jamboards from Last Meeting**

# REVIEW OF ACTIVITIES OF FOCUS

## Result # 2: Overarching Strategies and Sub-Populations

1. Promote Resilience, protective factors, and positive support of social determinants of health

2. Improve early detection and diagnosis of mental health illnesses and substance use disorders across care settings

3. Increase outreach, education, and engagement for community families, behavioral health and primary care providers, and allied professionals

Prenatal to 5 years old

School-Aged Children

Transitional Age Youth

Older Adults

# Result # 2: Prevent and Act Early-School Aged Children

## Strategies and Activities

### 1. Promote Resilience, Protective Factors, and Positive Support of Social Determinants of Health

- 1.1 Support the development of one-stop drop-in wellness center (“Chill Zone”)
- 1.2 Identify successful school-based evidence-based mindfulness and meditation curriculum
- 1.3 Identify and support trainings to school and “Out of School Time” staff in different approaches for building protective factors

### 2. Improve Early Detection and Diagnosis of Mental Health Illnesses and Substance Use Disorders Across Care Settings

- 2.1 Explore and understand barriers to implementation of universal screenings for each population and culture sub-group
- 2.2 Identify list of evidence-based MH/SUD screenings for each population and culture sub-group
- 2.3 Develop triaging tool(s) such as referral flowcharts for districts and decision-making tree for schools

### 3. Increase Outreach, Education, and Engagement for Community, Families, Behavioral Health and Primary Care Providers, and Allied Professionals

- 3.1 Develop a coordinated access point/pathway (e.g. one phone number) to request for trainings related to MH/SUD via recent MHSA BH training funding allocation
- 3.2 Expand “NAMI on campus” and other MH focused clubs
- 3.3 Work with PTAs to host panel discussions and MH/SUD related film screenings

## Short Term Outcomes

One stop drop-in wellness center created

School employees trained on mindfulness/meditation practices

School employees trained on protective factors

Increased number of youth with MH/SUD identified

Increased access to appropriate MH/SUD services

Identified barriers to universal screenings

Increased awareness of parents, teachers, students, and administrators about MH/SUD

Increased positive and “mental health friendly” school campuses

Increased willingness to discuss MH/SUD topics on campuses

## Long Term Outcome

Effective prevention and early intervention available to all OC residents.



# ACTIVITIES OF FOCUS BREAKOUTS

Breakout #1: Wellness Centers Resources (1.1)

Breakout #2: Training topics and target populations (1.3 & 3.1)

Breakout #3: Barriers to screening survey (2.1)



# Report Out



# Next Steps

Thank You!