

Be Well

ORANGE COUNTY

Result Area 2: Prenatal-5 Workgroup

Tuesday, September 08, 2020



INTRODUCTIONS

NEWS & UPDATES

ALIGNMENT DISCUSSION

PRIORITIZING

NEXT STEPS

AGENDA





INTRODUCTIONS

- Name
- Organization
- Gratitude for a teacher in school (grade/subject)

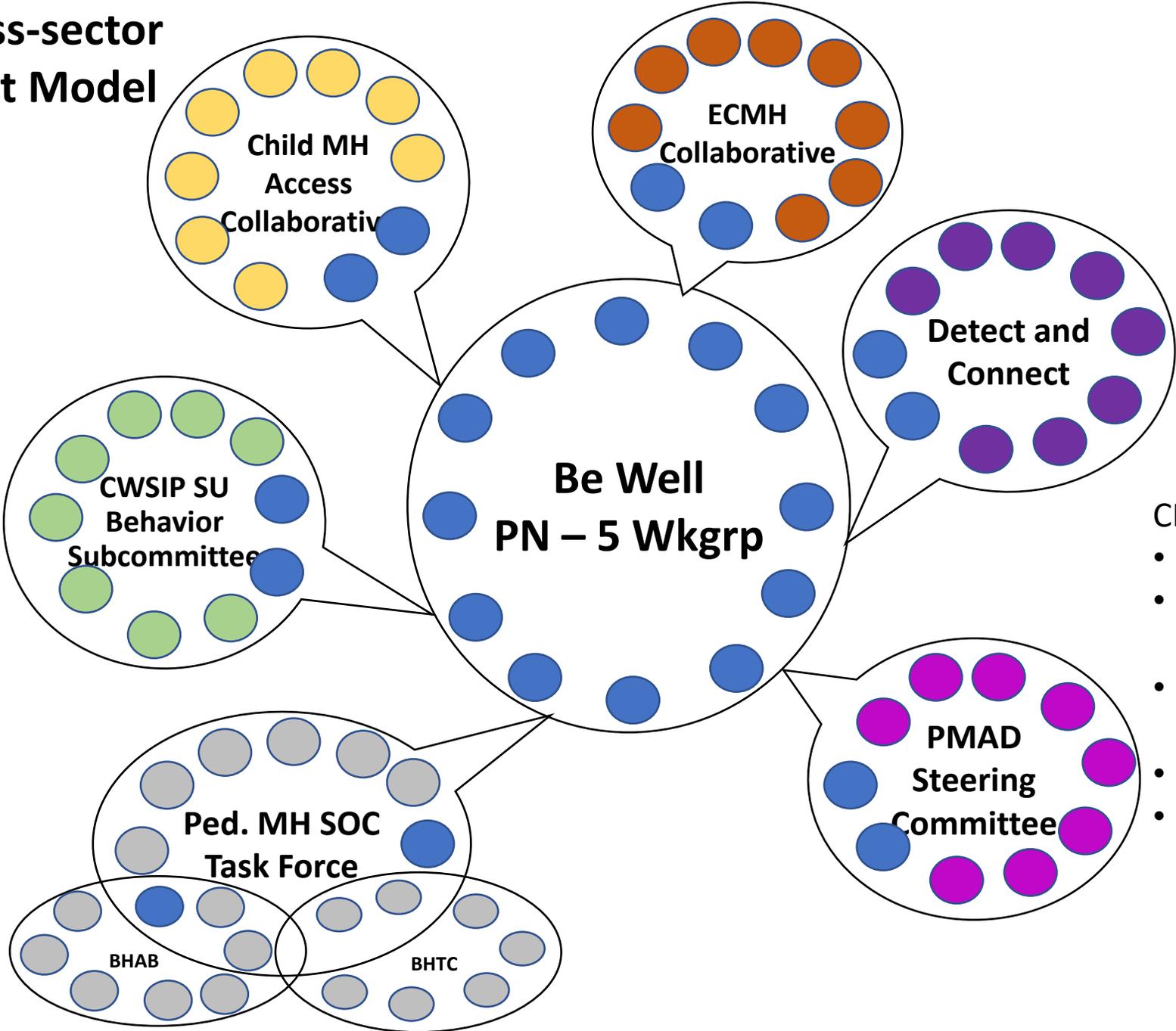


NEWS AND ANNOUNCEMENTS

ALIGNMENT DISCUSSION

- Brief review of RA2/PN-5 Workgroup journey
- Current thinking across RAs and Initiatives
- Opportunity for alignment

Be Well as a cross-sector Collective Impact Model



- CI Core Elements:
- Common Agenda
 - Continuous Communication
 - Mutually Reinforcing Activities
 - Shared Measurements
 - Backbone Support

1. Promote Resilience, Protective Factors, and Positive Support of Social Determinants of Health

- 1.1 Support and expand early child mental health (ECMH) promotion in Early Childhood Education (ECE) settings
- 1.2 Identify and promote accessible social-emotional curriculum for preschool/transitional kindergarten (TK)
- 1.3 Connect with and engage cities and communities who are focusing on early childhood

2. Improve Early Detection and Diagnosis of Mental Health Illnesses and Substance Use Disorders Across Care Settings

- 2.1 Review and address barriers to screening
- 2.2 Support implementation of universal early childhood screenings
- 2.3 Support perinatal MH and opioid/SUD screenings
- 2.4 Create post-screening referral pathways (folded into both Support screenings activities for polling at January meeting)

3. Increase Outreach, Education, and Engagement for Community, Families, Behavioral Health and Primary Care Providers, and Allied Professionals

- 3.1 Embed an ECMH focus in the curriculum of existing residency/nursing programs
- 3.2 Connect, align, and leverage new MHSA training funding and advise on content to include ECMH
- 3.3 Expand on or conduct a countywide awareness campaign on importance of social-emotional development

Connect with and engage cities and communities who are focusing on early childhood

- Survey Cities/Communities regarding their engagement/interest in an early childhood focus (maybe through parks and rec depts. or CBOs in the community)
- Connect with Resilience Orange County and Santa Ana Building Healthy Communities
- Solicit elected officials to champion early childhood in their community

Support implementation of universal early childhood screenings

- **Develop referral pathways/resources** based on risk level and that include addressing basic needs of individuals/families
- Establish mechanisms to empower parents/caregivers and integrate their insights into programs
- Explore ways to provide education and support for perinatal MH/SUD through virtual platforms

Support perinatal MH and opioid/SUD screenings

- **Develop referral pathways/resources** based on risk levels and that include addressing basic needs of individuals/families
- Map where opportunities exist for screenings (landscape analysis) to identify opportunities for expansion
- Increase awareness of parents and community that early childhood mental health relies on strong foundational relationships and opportunities for social/emotional development



August 2020

Engage with cities and communities to focus on perinatal and early childhood mental health

Construct a survey to CBOs and other agencies on what is being offered specific to PN-5

- Identify agencies working in the pre-natal to five field (through Be Well)
- Send survey to agencies identified on what is being offered in early childhood mental health
- Create inventory of services specific to early childhood mental health
- Connect inventory to cities and communities



Perinatal MH/SUD Screening

Activate members of the community to become ambassadors for perinatal MH/SUD (and ERH?)

- Support parents in developing **self-referral/community referral pathways/resources** based on risk level and that include addressing basic needs of individuals/families
 - Introduce the Perinatal MH toolkit to community
 - Engage parents to make the toolkit more responsive for the community
 - Develop support systems/infrastructure needed to allow for parents to have what they need to embark on this work
 - Explore community groups that are already working to empower the community
 - Work with Focus area of engaging communities, F5, ECOC to identify
 - After identifying a group, outreach and share at one of their meetings the idea of building community ambassadors around perinatal MH/SUD and learn what structures/processes might work
 - Once a group is interested, begin working with them to develop ambassador program
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Universal Early Childhood Screening

- Review current resource lists/inventories (and activities toward) and:
 - Determine if there is one location that would be most effective to house resources for early childhood mental health (with attention to including preventive support)
 - Identify potential for partnerships across resource aggregators
 - Makes sure all resources are listed in selected site
 - Develop process to keep listing up-to-date
 - Identify gaps in services **need level of detail in inventory in order to determine gaps, including eligibility requirements, capacity limitations, language capabilities, etc.
- Identify/create screener that can be feasibly used by a broad range of professionals who work with young children to ensure screening is universal. Focus screening on identifying need for services and further assessment.

Cross Results & Initiatives Alignment

Alignment Areas	RA #1	RA #2	RA #3	RA #4	RA #5	CSPI	SUD
Education & Training (Clinical & Non-Clinical)	●	●	●			●	●
Screenings		●	●	●		●	●
Referral Pathways		●	●	●	●	●	●
Cross-Sector Data Sharing Agreement			●	●	●		
Inventory	●	●		●	●	●	●
Outcomes/Metrics	●		●				●
Tool Kit (e.g. Family)	●			●	●		



Breakouts Alignment Opportunities

Can we work as a full workgroup in order to be more focused/effective?

Which activity do we prioritize to focus on first?



NEXT STEPS

BE WELL Coalition Meeting on 9/24 1-2:30 PM

PN-5 Workgroup Meeting*: October 13 11 AM

*UCLA presentation on plans for OC Digital Resource Navigator and discussion on needs of families with young children

Thank You!