

Be Well

ORANGE COUNTY

Result Area 2: Prenatal-5 Workgroup

Tuesday, August 11, 2020



WELCOME & INTRODUCTIONS

CHECK-IN

NEWS AND UPDATES

REVIEW PRIORITIZED ACTIVITIES

BREAKOUT GROUPS

REPORT OUT & NEXT STEPS

AGENDA





INTRODUCTIONS

A. Name

B. Organization

C. Without being too modest, what is one of your strengths that you bring to our Be Well Workgroup?

D. Indicate “1”, “2”, or “3” In Front of Your Name to indicate your breakout preference:

- Breakout #1: Connect & engage cities and communities
 - Breakout #2: Universal early childhood screenings
 - Breakout #3: Perinatal MH and SUD screenings
- 



RED = Imminent Overload. Barely able to juggle professional and personal responsibilities.



ORANGE = Very busy juggling many responsibilities. Have had to make difficult decisions on what to prioritize.



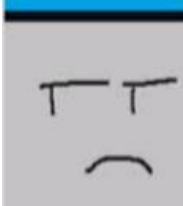
YELLOW = Busy. Lots of things to do but managing okay. Have some ability to look beyond what is needed today.



GREEN = As good a balance as possible these days. Feeling positive and productive. Have room to do strategic thinking and plan for future.



BLUE = Feeling unproductive but not sure best way to help.



GRAY = Difficulty feeling motivated, feeling pessimistic about future.

TEAM STATUS CHECK: HOW ARE YOU DOING?

PLEASE MAKE YOUR SELECTION

NEWS AND ANNOUNCEMENTS

1. ACES Aware Initiative
2. Other community news or announcements

Result # 2: Prevent and Act Early-Prenatal to 5

Strategies and Activities

Short Term Outcomes

Long Term Outcome

1. Promote Resilience, Protective Factors, and Positive Support of Social Determinants of Health

- 1.1 Support and expand early child mental health (ECMH) promotion in Early Childhood Education (ECE) settings
- 1.2 Identify and promote accessible social-emotional curriculum for preschool/transitional kindergarten (TK)
- 1.3 Connect with and engage cities and communities who are focusing on early childhood

Increased number of ECE sites receiving ECMH Consultation

Increased number preschool/TK classrooms using social-emotional curriculum

2. Improve Early Detection and Diagnosis of Mental Health Illnesses and Substance Use Disorders Across Care Settings

- 2.1 Review and address barriers to screening
- 2.2 Support implementation of universal early childhood screenings
- 2.3 Support perinatal MH and opioid/SUD screenings
- 2.4 Create post-screening referral pathways

Increased number of mother/children receiving MH and opioid/SUD screenings

Developed post-screening referral pathways

3. Increase Outreach, Education, and Engagement for Community, Families, Behavioral Health and Primary Care Providers, and Allied Professionals

- 3.1 Embed an ECMH focus in the curriculum of existing residency/nursing programs
- 3.2 Connect, align, and leverage new MHSA training funding and advise on content to include ECMH
- 3.3 Expand on or conduct a countywide awareness campaign on importance of social-emotional development

Increased number of training programs incorporating ECMH into their curriculums

Improved competency of child providers on ECMH

Increased public awareness importance of social-emotional development

Effective prevention and early intervention available to all OC residents.

REVIEW OF PRIORITIZED ACTIVITIES

Connect with and engage cities and communities who are focusing on early childhood

- Survey Cities/Communities regarding their engagement/interest in an early childhood focus (maybe through parks and rec depts. or CBOs in the community)
- Connect with Resilience Orange County and Santa Ana Building Healthy Communities
- Solicit elected officials to champion early childhood in their community

Support implementation of universal early childhood screenings

- Develop referral pathways/resources based on risk level and that include addressing basic needs of individuals/families
- Establish mechanisms to empower parents/caregivers and integrate their insights into programs
- Explore ways to provide education and support for perinatal MH/SUD through virtual platforms

Support perinatal MH and opioid/SUD screenings

- Develop referral pathways/resources based on risk levels and that include addressing basic needs of individuals/families
- Map where opportunities exist for screenings (landscape analysis) to identify opportunities for expansion
- Increase awareness of parents and community that early childhood mental health relies on strong foundational relationships and opportunities for social/emotional development

BREAKOUTS

1. **Connect with and engage cities and communities who are focusing on early childhood**
2. **Support implementation of universal early childhood screenings**
3. **Support perinatal MH and opioid/SUD screenings**

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https://drive.google.com/file/d/1qkwpPL3EB5j_hHsUZZuJ91cDmLyzJLmy/view?usp=sharing

REPORT OUT/NEXT STEPS /PLANNING FOR SEPTEMBER MEETING

Workplan Drafts

NEXT MEETING: September 8 @ 11 AM

Thank You!

