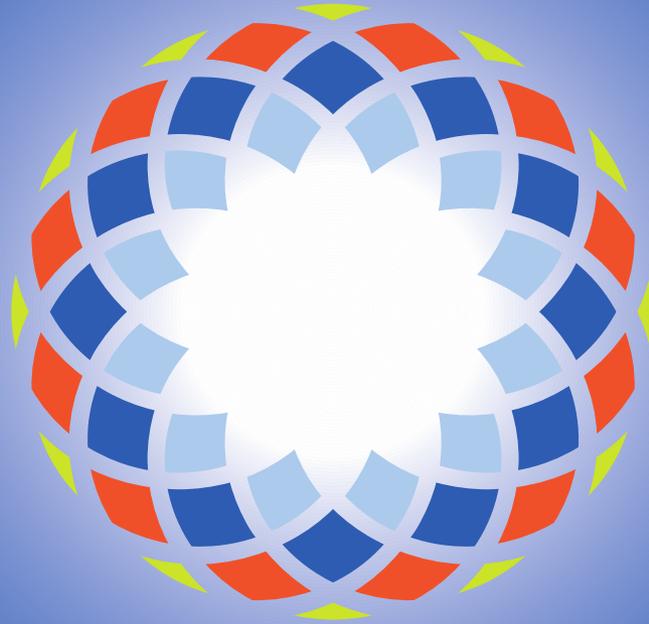


Vision: Be Well Orange County will lead the nation in optimal mental health and wellness for all residents.



**Result Area 2:
Prevent & Act Early**

January 22, 2020

Result # 2: Overarching Strategies and Sub-Populations

Promote Resilience, protective factors, and positive support of social determinants of health

Improve early detection and diagnosis of mental health illnesses and substance use disorders across care settings

Increase outreach, education, and engagement for community families, behavioral health and primary care providers, and allied professionals

Prenatal to 5 years old

School-Aged Children

Older Adults

Result # 2: Prevent and Act Early-Prenatal to 5

Strategies and Activities

Promote Resilience, Protective Factors, and Positive Support of Social Determinants of Health

- Support and expand early child mental health (ECMH) promotion in Early Childhood Education (ECE) settings
- Identify and promote accessible social-emotional curriculum for preschool/transitional kindergarten (TK)
- Connect with and engage cities and communities who are focusing on early childhood

Improve Early Detection and Diagnosis of Mental Health Illnesses and Substance Use Disorders Across Care Settings

- Review and address barriers to screening
- Support implementation of universal early childhood screenings
- Support perinatal MH and opioid/SUD screenings
- Create post-screening referral pathways

Increase Outreach, Education, and Engagement for Community, Families, Behavioral Health and Primary Care Providers, and Allied Professionals

- Embed an ECMH focus in the curriculum of existing residency/nursing programs
- Connect, align, and leverage new MHSA training funding and advise on content to include ECMH
- Expand on or conduct a countywide awareness campaign on importance of social-emotional development

Short Term Outcomes

Increased number of ECE sites receiving ECMH Consultation

Increased number preschool/TK classrooms using social-emotional curriculum

Increased number of mother/children receiving MH and opioid/SUD screenings

Developed post-screening referral pathways

Increased number of training programs incorporating ECMH into their curriculums

Improved competency of child providers on ECMH

Increased public awareness importance of social-emotional development

Long Term Outcome

Effective prevention and early intervention available to all OC residents.

Result # 2: Prevent and Act Early-School Aged Children

Strategies and Activities

Short Term Outcomes

Long Term Outcome

Promote Resilience, Protective Factors, and Positive Support of Social Determinants of Health

- Support the development of one-stop drop-in wellness center (“Chill Zone”)
- Identify successful school-based evidence-based mindfulness and meditation curriculum
- Identify and support trainings to school and “Out of School Time” staff in different approaches for building protective factors

One stop drop-in wellness center created

School employees trained on mindfulness/meditation practices

School employees trained on protective factors

Improve Early Detection and Diagnosis of Mental Health Illnesses and Substance Use Disorders Across Care Settings

- Explore and understand barriers to implementation of universal screenings for each population and culture sub-group
- Identify list of evidence-based MH/SUD screenings for each population and culture sub-group
- Develop triaging tool(s) such as referral flowcharts for districts and decision-making tree for schools

Increased number of youth with MH/SUD identified

Increased access to appropriate MH/SUD services

Identified barriers to universal screenings

Increase Outreach, Education, and Engagement for Community, Families, Behavioral Health and Primary Care Providers, and Allied Professionals

- Develop a coordinated access point/pathway (e.g. one phone number) to request for trainings related to MH/SUD via recent MHSA BH training funding allocation
- Expand “NAMI on campus” and other MH focused clubs
- Work with PTAs to host panel discussions and MH/SUD related film screenings

Increased awareness of parents, teachers, students, and administrators about MH/SUD

Increased positive and “mental health friendly” school campuses

Increased willingness to discuss MH/SUD topics on campuses

Effective prevention and early intervention available to all OC residents.

Result # 2: Prevent and Act Early-Older Adults

Strategies and Activities

Short Term Outcomes

Long Term Outcome

Promote Resilience, Protective Factors, and Positive Support of Social Determinants of Health

- Identify, align, and expand successful social and wellness support programs for older adults (OA)
- Train older adult health care providers on OA MH and well-being
- Align and engage OA advocacy efforts

Increased utilization of current social and wellness support programs for older adults

Increased number of trained providers on older adults MH/SUD

Increased OA representation and participation

Improve Early Detection and Diagnosis of Mental Health Illnesses and Substance Use Disorders Across Care Settings

- Conduct key informant interviews to explore integration of mental health and neurocognitive screenings as part of the annual Medicare medical visit
- Conduct culturally and linguistically competent screenings at non-traditional settings
- Explore and promote a post-screening referral pathways and provider follow up

Increased awareness of the benefits of integrated MH and neurocognitive screenings

Increased administration and quality of culturally and linguistically competent screenings

Improved effectiveness of referrals and linkages to appropriate services

Increase Outreach, Education, and Engagement for Community, Families, Behavioral Health and Primary Care Providers, and Allied Professionals

- Support and expand current MH/SUD campaigns to include OAs
- Provide culturally and linguistically appropriate training to family members and caretakers on OA mental health/SUD
- Host a conference or convening on OA mental health/SUD

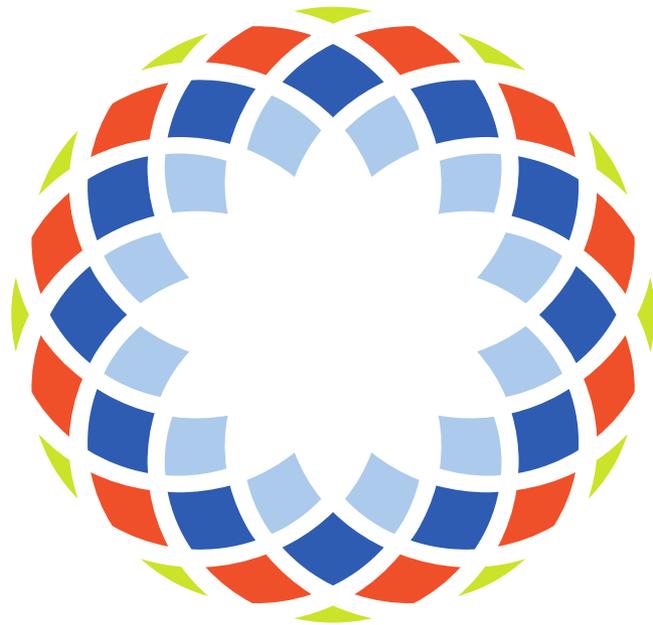
Increased awareness of older adult mental health and suicide rates in OC

Increased awareness and knowledge of family members and caretakers on older adults MH/SUD

Hosted an OA MH/SUD conference in OC

Effective prevention and early intervention available to all OC residents.





Be Well

ORANGE COUNTY